

Wellbeing and Health Scrutiny Board
7 January 2016

Child and Adolescent Mental Health services update

Purpose of the report: Scrutiny of Services and Budgets, Performance Management, Policy Development and Review

This report seeks to:

a) provide an overview of Surrey's targeted CAMH services and a brief overview of the performance of the Surrey and Borders Partnership NHS Foundation Trust (SABP).

b) provide an update on the result of the joint re-procurement exercise and proposed improvements to future CAMHS services.

This report should be read in conjunction with the CAMHS update report from Guildford and Waverley CCG.

Introduction

1. This report seeks to provide Members with a thorough understanding of the Child and Adolescent Mental Health Services (CAMHS) arrangements within Surrey.
2. Surrey County Council, Surrey's Clinical Commissioning Groups (CCGs) and NHS England all have a responsibility for commissioning services within the CAMHS pathway.
3. Targeted CAMHS are commissioned by Surrey County Council on behalf of the Council and Surrey's CCGs, while specialist CAMH services are commissioned by NHS Guildford and Waverley CCG. The current provider of both targeted and specialist services within Surrey is Surrey and Borders NHS Foundation Trust (SABP). Some small targeted CAMHS are also provided by the three Community Health Providers: Virgin Care, Central Surrey Health and First Community Health. Specialist adolescent psychiatric inpatient unit beds are currently commissioned by NHS England. There are no inpatient beds for children within Surrey and units are provided across the country by a range of providers.

4. Surrey has a strong history of joint working in relation to CAMHS. This began with the 2000 Joint CAMHS Strategy and has continued, with the notable pooling of targeted services budgets between health and social care in 2007. Partners have remained committed to pooling budgets and jointly commissioning preventative emotional wellbeing and mental health services and those targeted at vulnerable groups.

Current Targeted CAMH services

5. Targeted CAMHS provide early intervention work with vulnerable children and young people; sometimes these services are also referred to as 'Tier 2 CAMHS'.
6. Within Surrey a range of targeted services are currently provided by SABP, all of which are listed within Annexe 1. One of the largest services within the targeted services contract is Primary Mental Health. This service consists of a number of Primary Mental Health Workers (PMHW) who act as an interface between universal services for children, young people and their families and specialist CAMHS.
7. PMHWs' remit is to improve the capacity of universal services to promote emotional wellbeing and mental health to children, young people and their families. A significant aspect of this work with universal services is PMHWs delivery of Targeted Mental Health in Schools (TaMHS) Training. This training programme for school staff is designed to build upon their understanding of mental health and to enable the early identification and management of mental health difficulties in children and young people by school staff.
8. PMHWs also have the therapeutic skills necessary to deliver brief direct interventions to children and young people who are experiencing mild emotional wellbeing and mental health difficulties. PMHWs are commissioned to spend 60% of their time undertaking their consultation and training function and 40% of their time undertaking direct work with children and young people. Through the targeted services contract the PMHW role has been further sub-divided to provide more specialist input into particular service areas. For example, specifically supporting professionals and young people who work in or access the Youth Support Service or the Learning Disability service.
9. Other services within the targeted contract work with different vulnerable groups. For example, the Parent Infant Mental Health (PIMH) service works to ensure optimum relationships between parents and infants where these relationships are at risk. The PIMH service works collaboratively with expectant parents and parents to enhance relationships within the family and prevent a long term sequence of disorganised or insecure attachments between parent and child. Additionally, STARS is a small service which provides support to children, young people and their families who have been affected by sexual abuse.

Needs assessment

10. Key to the commissioning cycle is the gathering of a robust understanding of the needs of a given population for which services are to be commissioned. Therefore a refresh of the Emotional Wellbeing and Mental Health Needs Assessment was undertaken in 2014 with a view to providing an up to date picture of need within which to inform the future re-commissioning of CAMHS.
11. We understand the needs for CAMHS through analysing the needs of the children and young people who currently access CAMH services. Currently in Surrey commissioners receive information on the following areas of activity:
- Source of referral
 - Outcome of referral
 - Waiting time from referral to assessment
 - Waiting time from assessment to treatment
 - Number of young people supported through the year
 - Access received by service users
 - Appointments offered/attend
 - Discharge reason
 - Referrals by gender
 - Age of referral
 - Ethnicity
 - Vulnerable groups
 - Number of interventions delivered
 - Mental health ward admissions

See Annexe 4 for SABP performance data 2014/15 and Q1 2015/16.

12. Data in relation to SABP has historically been limited, due to commissioners receiving data at a contract-wide level, rather than a service level. Negotiations with SABP in late 2014 lead to the provider helpfully agreeing to provide data by individual targeted service level from April 2015. Data pertaining to outcomes of young people seen by SABP, and therefore the impact the provider is having, has been very limited. Conversations with SABP are ongoing regarding this matter in order to understand what the challenges are around providing this information and with the expectation these figures will increase in future.
13. The recently completed re-procurement exercise provides commissioners with the opportunity to mandate the data requirements and commissioners will ensure this opportunity is utilised to the full to ensure a greater understanding of the provider's performance is possible in future.

Governance arrangements

14. Within Surrey targeted CAMHS are jointly commissioned and funded by the Council and Surrey NHS CCG Collaborative; the six CCGs are NHS Guildford and Waverley CCG (G&W CCG), NHS North East Hampshire and Farnham CCG, NHS North West Surrey CCG, NHS Surrey Downs CCG, NHS Surrey Downs CCG and NHS East Surrey CCG. G&W CCG is the host commissioner for children's health services in Surrey, commissioning CAMHS on behalf of the Surrey NHS CCG Collaborative.
15. Targeted CAMHS are funded through a pooled budget arrangement between the Council and G&W CCG. The governance arrangements are through the CAMHS Joint Commissioning Group, which has senior representatives from Children's Services, Public Health and G&W CCG. The management of this budget is completed on behalf of both G&W CCG and the Council with the Pooled Budget Manager and finance services provided by the Council.
16. SABP invoices the Council based on actual expenditure and any budget under spend is withheld by the commissioners. This enables commissioners to reallocate funding to other CAMHS projects if it is not spent by the main targeted services provider, SABP. This arrangement enables commissioners to fund ad hoc projects where a need is identified. For example, in 2014-15 the under spend financed a number of projects including a PIMH conference for universal services staff such as health visitors, as well as a youth counselling project provided by the YMCA. Prior to funding such projects a business case must be signed off by the CAMHS Joint Commissioning Group and project outcomes and feedback are reported back to the group to ensure that the projects that are funded provide good value for money.
17. As well as the main targeted services provider contract, held by SABP, the pooled budget also funds a number of other CAMH services. This includes the CAMHS Community Nurse for Schools Service which provides specialist school nurse support to school staff and school age children, and the Parent Infant Mental Health Service which provides specialist health visitors trained to build capacity amongst health visitors for managing mothers with mild emotional and mental health difficulties, as well as direct intervention with prospective or new mothers at risk of poor attachment with their baby. Contracts for both of these services are held with the three community providers in Surrey: Virgin Care, Central Surrey Health and First Community Health.
18. The value of the pooled budget was £2,281,000 in 2015-16. Of this funding the Council contributed 53.49%, or £1,220,000 and the CCGs contributed 46.51%, or £1,061,000. The main targeted services with SABP contract value in 2015-16 is £1,733,371. Every effort is made to invest under spend into CAMH-related projects within the financial year, but if this is not possible funding is returned to the Council and Surrey NHS CCG Collaborative in the same proportion that it is

contributed. The table below sets out the 2015-16 funding arrangements.

Partner	Pooled budget contribution 2015-16 (£)
Surrey County Council	1,220,000
Guildford and Waverley CCG	1,061,000
Total	2,281,000

Future CAMHs provision

19. The Council and the CCGs have concluded a commissioning exercise where additional investment by SCC and CCGs and the commissioning principles will deliver:

- a) A **seamless pathway** and access to other providers with managed risk for targeted and specialist services through one point of access
- b) **Quality, timely and age appropriate** interventions
- c) **Added social value** by proactively engaging with families, voluntary, community and faith sectors
- d) Services that are **co-designed with children, young people and families**, to address need and that build on individual, family and community assets
- e) An integrated emotional wellbeing and mental health care system with **positive outcomes for children and young people** at the centre of delivery models
- f) **Promotion of social enterprise and the third sector** i.e. the voluntary, community and faith sectors through the potential to be sub-contractors as part of the tender

20. The successful provider was announced as SABP on the 18 November and the Council and the CCGs will now be working with SABP through a mobilisation team for commencement of new Services on 1 April 2016.

21. Key aspects of the new service include:

- a) A single point of access
- b) A greater focus on prevention and early intervention, well-being and resilience
- c) Extension of provision for Looked after Children and post order support
- d) Behavioural emotional neuro-developmental (BEN) pathway

22. The Council's Cabinet agreed in July 2015 an additional investment in CAMHS of £1.9m pa. The CCGs are also contributing additional investment of £1.044m to jointly fund the BEN pathway, plus further investment into their contract for specialist CAMHS of £377.5K. The Council's £1.9m pa additional investment will purchase:

- a) "Behaviour emotional and neuro-developmental pathway" (BEN) for identification, advice, training, resilience building and treatment of children with neurodevelopment disorders and enhancing the CAMH service for children with learning disabilities -Council Investment: £1.1m
- b) Sustainability of Extended HOPE - Council Investment: £200k
- c) Looked After Children - Council Investment: £200k
- d) Sexually exploited young people - Council Investment: £250k
- e) Prospective adopters and adoptive parents including Special Guardianships orders and residence orders - Council Investment:£150k

23. SABP will be required to provide data which enables commissioners to understand the activity and outcomes achieved by all targeted services.

Conclusions:

24. CAMHS in Surrey is a good example of where partners have been able to agree a shared vision and have come together to pool budgets and jointly commission services.

25. Commissioners are working with SABP to ensure robust recording and reporting of young people's outcomes is provided consistently for all targeted services.

26. The re-procurement exercise has sought to ensure a step change in the delivery of CAMHS with additional funding, clear principles and robust performance monitoring.

Recommendations:

27. That the Board note the report and receive an update in future to ascertain whether the expected improvements have been made following the re-procurement exercise.

Next steps:

SABP to meet with key stakeholder groups to mobilise and publicise the new service

Implementation of Governance arrangements from April 2016

Commencement of new Service 1st April 2016

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Sources/background papers:

SABP Quarterly Performance Reports
Surrey Joint Emotional Wellbeing and Mental Health Needs Assessment Refresh 2014

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